

4 v 4 Under 8 Program

Without a Keeper

Modifications to Brochure

Roster:

- One coach and Assistant
- 12 players maximum
- Girls and Coed Teams
- For games, players are divided into 6 player squads
- Squad make up changes from week to week based upon random selection.

Fields:

- Need two fields within same general area.
- Size 30 yards x 40 yards long
- Could be a large field playing crosswise using the centerline of the large field as a common touch line and the penalty or goalie box line being the opposite touch line. The only additional marking to the large field would be a line down the middle of the field perpendicular to the large goals. This would form the centerline of the small fields.

Goals:

- 6 feet high x 12 feet wide or flags set 12 feet apart

Ball:

- Size 3

The Game:

- Four players on the field (no goal keeper) and two substitutes.
- Substitutions are done according to FIFA rules.
- The game is divided into four 12 minute quarters.
- Squad (a) of the home team plays two quarters against Squad (a) of the visiting team. Squad (b) of the home team plays Squad (b) of the visiting team on an adjacent field. Following half time the two home team squads switch fields and play continues for two more 12 minute quarters.
- All free kicks are INDIRECT
- No off sides

Referees:

- If available, use registered referees, otherwise use associate refs, coaches or parents. Coaches or parents are not paid
- In case of rain please arrive at the field and with the coaches decide what should be done.
- Be at your assigned field early.
- Start game promptly 5:30/6:30PM.
 - Check shoes (cleats) and shin guards at 5:25/6:25
 - Blow whistle at 5:28/6:28 for start of game.
- Help the players if they don't seem to understand, but don't spend a lot of time with the explanation. Make the call, give the hand signal, plus call play ie. Yellow corner, red goal kick, green throw-in. etc.
- Alternate who kicks off at the start of each period. If you forget who's turn it is, just select one team or the other.
- Teams may , but do not have to switch ends of the fields
- Re- throws are permitted, but if the second throw is bad, the ball is turned over to the other team.